

**Peace Village – Learning and Retreat Center**  
**Schedule of Retreats for 2003 (for BK circulation only)**

**F - Families with children; BK - BKs only; BIO – By invitation only**

**as of 10-01-03**

Oct Thurs 2-5	IVOH (BIO)	Mainly for contacts in Media. Contact Peace Village for more information
10-12	Powers of The Soul	In the changing times the Spiritual Powers are very much needed. Learn how to make these powers your easy companions.
Thurs16-19	Listening In Silence (BK) (Baba 17 <sup>th</sup> )	Silence Retreat for BK's only. Arrivals Thurs. evening to prepare for Baba murli.
24-26	Raja Yoga I Divali  ..... Four Faces of Woman Follow Up (BIO)	For sincere aspirants who want to understand God, His nature, role and our relationship with Him. Be prepared to discover the innate nature of your soul and experience your inner silence.  ..... For participants of previous Four Faces Retreat only. To introduce Raja Yoga knowledge in the context of Four Faces of Woman. Peace Village will send out invitations.
31Nov2	Mental Health Professionals	A Retreat for psychologists, psychiatrists, social workers, psychiatric nurses and counselors. aimed at building capacity and clarity by exploring the spiritual dimension.
Nov 7-9	The Sound of Silence	For Non-BK's who want to experience the depth of their own silence as silence prevails over the Village for two days. Arrivals required to arrive before 9pm Friday. Two classes for those <u>not</u> familiar with Raja Yoga.
14-16	Embracing Soul Power (Sr Nikki) (BIO)	Invited Only. For professional women with a deep commitment to their spiritual journey and who are in leading positions. Send recommendations to Peace Village.
21-23	Raja Yoga II	For those who have attended the Raja Yoga Meditation Retreat Part I or have completed the Raja Yoga Foundation Course at a Brahma Kumaris center. This retreat will take you deeper into meditation.
Wed 26-30	Teachers (BK) (Thanksgiving 27 <sup>th</sup> )	For BKs already teaching any of the courses and wanting to start teaching. Please send names through center coordinators.
Dec 5-7	SML  ..... Inward Bound	SML provides people with interpersonal skills, balances perspective and confidence necessary to master change.  ..... Please invite contacts and new students. This retreat is an introductory experience to the Brahma Kumaris for the general public. It includes lessons one and two, many meditation experiences.
8-9	SML Facilitators Training (BK)	BKs only. Many changes have taken place in the SML workshop itself and it is therefore necessary to attend the SML workshop held from December 5-7 prior to the facilitator training. The training will follow the guidelines followed in the SML facilitator training in Madhuban October 5-12, 2003.
12-14	Appreciative Living  ..... Raja Yoga III	Dare to experience and appreciate yourself, others and life to the fullest. Re-discover how to look at the world with renewed, fresh eyes, a spirit of innocence. We will be looking at and exploring thinking and the process of thought; learning how to change some of our thoughts to create maximum benefit in our lives. Thinking with imagination and spontaneity.  ..... For those who have completed Raja Yoga I and II or the Foundation Course.
19-21	Holiday Event for the Community	
Fri 26-S. Jan 4	BK Holiday	An opportunity for BKs to enjoy Peace Village in the winter and to welcome in the New Year from Baba's wonderland of bhatts, classes, karma yoga parties, fireside chitchats and more.

**Essence:** Sweet children, never *miss* the study. There will be an interest in studying when there is unbroken faith in the Father who is teaching you. Only children who have faith in their intellect are able to do *service*.

**Question:** On hearing what news of the children does BapDada become very pleased?

**Answer:** When children write their *service* news: Baba, today I explained to So-and-so, and gave him the introduction of the two fathers and did this type of service. Baba is very pleased to read such letters. Baba doesn't become pleased on receiving letters of just love and remembrance and your well-being. Baba is pleased to see His helper children. This is why you should do *service* and write that news to Baba.

**Song:** Come mother, let us go...

Om shanti. You children know that you have to go from the world of thorns to the world of flowers. The golden-aged world would be called a divine flower. In the iron age, human beings are like thorns. They distress one another and continue to cause sorrow. You children are now happy: Come, let us now go to our land of happiness of divine flowers. You also have to understand the secret of how you go there. You will go there when you study very well. First of all you need to have faith as to who it is who is teaching you. These things are not written in the Vedas or scriptures, although Raja Yoga is mentioned in the Gita. There is the study for a kingdom and so surely the kingdom would be given in the golden age. First of all there has to be faith in the One who is teaching you. This One is not a sage, holy man or human being. This One is the Incorporeal. The Father of all souls is the Supreme Father, the Supreme Soul. Only those who are to have faith as they did in the previous cycle will have that faith. You can see that, in order to go to the heavenly world of flowers, each one has to make his or her own effort. Only when they first have this faith will they engage themselves immediately in the study. They have written in the scriptures: God Krishna speaks. Together with that, they have also written: The sacrificial fire of the knowledge of Rudra. These are matters of knowledge. They have then given a bamboo flute to Krishna. There is also the praise: There is Godly magic in your flute. There cannot be Godly magic in a bamboo flute. That murli can be played with the mouth. They only show the childhood of Krishna, and how they play games amongst themselves. These things are worth understanding. You children have understood that this truly is Raja Yoga, that is, it is yoga with the One who teaches you the study to claim the kingdom. He personally comes here and teaches you. There is no question of a bamboo flute in this. These things are unique. No one knows that Incorporeal God Himself comes and teaches us. Of Krishna as well, they too say that there is Godly magic in his flute. So Khuda (God) must be someone else. Krishna would not be called Khuda. Khuda is Khuda; He alone is called the Magician. The Magician Himself comes and shows you His magic and grants you visions. Even then, He teaches you to claim a high status. Meera too saw Paradise and *danced* there, but she didn't study Raja Yoga. The things of Raja Yoga are not mentioned in any of the scriptures. There was no one to teach Meera. Meera's name is mentioned in the rosary of devotees. This is the rosary of knowledge. There is the difference of day and night. You have understood that to the extent you take knowledge, you will accordingly become elevated. There truly is also the rosary of the devotees and that is numberwise. Their names are very well-known. No one has this knowledge. So you should explain to them: It is the Father who is the *Authority* who gives you this knowledge. It is said of Him that He created Brahmins through the lotus mouth of Brahma and told them the essence of all the Vedas and scriptures. The scriptures cannot be given to Shiv Baba because He is Incorporeal. So He explains them through Brahma. This *yukti* has been created. However, it is only that One who explains all of these things. It is shown that all the essence is related through Brahma, and so surely there must be someone else who explains all of this. You are now seeing in a *practical* way that Shiv Baba who is the Ocean of Knowledge is also our Baba and is now personally sitting in front of us. He only comes in Bharat and He definitely enters someone's body. It is the body of Brahma. It is necessary for there to be Prajapita Brahma. The Father truly comes and establishes the Brahmin religion through Prajapita Brahma. How is the religion created? You know this too. You are the children of Brahma in a *practical* way. You say that you are Brahmins and that you are

claiming your inheritance from the Father. *Followers* can never claim an inheritance. It is children who claim an inheritance from the Father. You have come and become His unlimited children. They are said to be the *followers* of Christ, not his children. Buddha and Guru Nanak also have *followers* and not children. Here, you are children. Prajapita is the father and Shiv Baba is also the Father. That One is Incorporeal and this one, the corporeal one, is separate. Shiv Baba has created you children through this corporeal one. Amongst you too, some have firm faith, whereas others don't. The *lottery* is very big. You have to perform actions for the livelihood of your body and also study this knowledge. You have to make a lot of effort in that study. Here too, the Father says: Definitely study for an hour or half an hour. If, for any reason, you cannot study every day, first study for 7 days and then continue your studies on the basis of the murli. Once you have understood the aim, you then have to understand the branches, twigs, leaves etc. All of those are included in the cycle. The secret of 84 births has also been explained to you. The picture of the tree has the *details* whereas the picture of the cycle shows everything in a *nutshell*. It is also explained to you that these are the religions of the *variety* human world. At first there is one religion and then expansion takes place. How the *foundation* emerges is also shown in the tree. This is such an easy secret. You have to understand the *drama* and the tree. Imbibe this and then explain to others. You definitely have to explain the *point* of the two fathers. You receive self-sovereignty from the unlimited Father and you therefore definitely have to study Raja Yoga. Only the Supreme Father, the Supreme Soul, establishes heaven, and that is also called the land of Krishna. The land of Krishna cannot be established in the land of Kans, the devil, and this is why there is the confluence age. This is the confluence age for you children whereas for everyone else it is the iron age. You are the only ones who will go from the confluence age to the golden age. You have to have this faith. We are now at the confluence age. If you remember the confluence age, you will also remember the golden age and also the Father who establishes the golden age. However, you repeatedly forget this. You understand that you are now at the confluence age. The unlimited Father comes at the confluence age of the cycle. They have made a mistake in the Gita. It is only the Bhagawad and the Mahabharat that have a connection with the Gita. The Father explains: All of you are Sitas and I am Rama. You are in the Lanka of the kingdom of Ravan, not the other Lanka. It isn't that there was the kingdom of Ravan there. There is no Lanka etc. in the golden age. On that side, they have the Buddhist religion. The Buddhist religion has now spread a lot. It has been explained to you children that Bharat was totally pure. There was peace and happiness. There was just the one deity religion. First of all there has to be the firm faith that He is our unlimited Father, and that we have to claim our inheritance from Him. You must never miss out on making effort. How can you make effort if you don't have faith? It is *certain* that the Father is teaching us and that we are receiving our inheritance of heaven and constant happiness from Him. You would not sit in a *school* without faith or an *aim and objective*, would you? There are many *subjects* there and so there is a *margin*. Here, there is just the one *subject*. Such a big kingdom is established through just the one *subject*. Those who don't study will have to bow down in front of those who study. Amongst the subjects too, the subjects with a low status will have to bow down in front of the good subjects. The subjects are also numberwise. Some are poor and others are wealthy; one cannot be the same as another. Such is this *drama*! The *features* of all human beings are fixed in the *drama* for them to play their *part*. These are such deep matters. They have to be imbibed and explained accurately. Not everyone can explain them. Such good things are explained to you. There is victory through faith. Only when there is faith will you study. Some develop doubt in their intellect and stop studying. Maya is so great that she immediately creates storms and brings doubts. Those who have doubt in their intellect are led to destruction. Those who ascend taste the nectar of heaven, whereas those who fall are totally crushed to pieces. There is a lot of difference. If someone falls he becomes a cremator and if he ascends he becomes an emperor. Everything depends on the study. Did you ever hear previously how the Incorporeal becomes the Teacher? You are now listening to Shiv Baba. You have the faith that I am your Father, the Purifier, and also the *Knowledge-full* One. You have to have the faith that you have to become the rulers of the globe through this *knowledge*. It is in your faith that Maya creates obstacles. Your enemy is standing in front of you. You know that Maya is your enemy. She repeatedly deceives you. She makes you have doubts in the study. Many children

develop doubts and then stop studying. When you stop studying, it means you also leave the Father, *Teacher* and Satguru. Those gurus continue to change. They have many gurus. This One is the only Satguru. This One doesn't praise Himself. The Father gives His own introduction. Devotees sing: Salutations to Shiva. You are the Mother and Father. However, they don't know anything. They simply continue to say this and to worship Him. You now know who Shiva is. After Shiva, there is Brahma and Saraswati. Lakshmi and Narayan come after them. First is Shiv Baba and then Brahma, Vishnu and Shankar. The Father says: I first of all enter Brahma. I create him first. Establishment takes place through Brahma and then Brahma becomes Vishnu and sustains it. You should *note* down all of these *points*, then you should try and explain them to others. Some explain very well. It is a completely different matter for Baba. Sometimes Shiv Baba explains and sometimes this one explains. You must always think that it is Shiv Baba who is explaining to you. Your sins are absolved by remembering Shiv Baba. Just consider it to be Shiv Baba who is giving you new *points* through this one. He explains with great tact. So you children should also understand. First of all you have to have faith. Even in 7 days someone can be coloured very well. However, Maya too is very clever. First of all there has to be the faith that the Father is the Creator of heaven, and so He would surely have taught us Raja Yoga. Krishna cannot teach it. He has to come in the golden age. Shiv Baba is the Creator of heaven. Someone may say that He entered the body of Krishna. However, Krishna cannot come in that form at this time. He has to come in the golden age. Baba doesn't take birth through anyone's womb. He enters the body of this one and gives his introduction as to why He named him Brahma. He plays his *part* from the beginning to the end. You too were given very good names. So many children's names came. It was a *wonder* that the names of 200 to 250 names came just like that. Even the Brahmins here cannot give that many names. The trance messenger instantly brought those names. The unlimited Father gave you those names. It was a *wonder*. The Father is *wonderful* and your *aim and objective* is *wonderful*. You will become the kings of kings. The picture of Lakshmi and Narayan is very *clear*. Above them, the picture of the Trimurti is very *accurate*. They definitely have to take 84 births. At the end of the iron age, they are impure and at the beginning of the golden age, they are pure. You children have to give the proof of your *service*: Baba, we have also had these small leaflets printed. At the top should be Shiva, and the introduction of the Trimurti and the two fathers. This *point* should definitely be there. Have such leaflets printed, do a lot of *service* and give Baba the news, for only then will you be able to climb the Father's heart. Don't just write a letter about your well-being to Baba, but do *service* and write that service news: Baba, I did this and this *service*. Baba's stomach will not become full by your just conveying your love and remembrance. Today, I explained to So-and-so. Today, I served my husband and he was very happy. You should write news of such *service* to Baba. The *point* of the two fathers is the main one. The unlimited Father is the One who gives you your fortune of the kingdom of heaven. You are such sweet children. The Father explains: All of you are *adopted* children. All of you many children can only be adopted children. Those people are *followers* of that religion. Here, you are children. The Father is also pleased to see such children. All of you are My children. You are now playing the final *part*. You have become My companions to help Me establish heaven. This is Rudra Shiv Baba's sacrificial fire of knowledge in which the horse is sacrificed for receiving a kingdom. How does Shiv Baba carry out the establishment of heaven? First of all, He creates the sacrificial fire of the knowledge of Rudra through Brahma and the Brahmins through whom heaven is established. So, surely you Brahmins have to look after this sacrificial fire. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

#### **Essence for dharna:**

1. Have faith in the intellect and definitely study. Never have any doubts about any situation. Victory is guaranteed when there is faith.

2. Become the Father's companion and a complete helper in establishing heaven. Become a true Brahmin who looks after the sacrificial fire.

**Blessing:** May you be one who stays in solitude and finds a solution to all problems by staying in your eternal form.

The original religion, elevated actions, original form and original land of the soul is peace. The special power of the confluence age is the power of *silence*. Your eternal qualification is of being an embodiment of peace and of giving peace to everyone. The solution to all problems of the world is merged in this power of *silence*. Because a soul who is an embodiment of peace remains in solitude, such a soul is always stable and with concentration has the power to discern and decide. This is an easy solution to all problems of interaction with both the worldly family and the divine family.

**Slogan:** To give the experience of peace through your vision, attitude and the power of your awareness is to be a great donor.

**\* \* \* O M S H A N T \* \* \***

**Essence:** Sweet children, this study is very inexpensive and easy. The basis of status is not whether you are rich or poor, but the study. Therefore, pay full attention to the study.

**Question:** What is the first qualification of knowledgeable souls?

**Answer:** Their interaction with everyone will be extremely sweet. To have friendship with some and enmity with others is not the qualification of knowledgeable souls. The Father's shrimat is: Children, become extremely sweet. *Practise:* I, the soul, am making this body function. I now have to return home.

**Song:** You are the Ocean of Love. We thirst for one drop...

Om shanti. Whose praise did the children hear? The Incorporeal, the unlimited Father. He is the Ocean of Knowledge, the Highest on High. He alone is called the highest-on-high Father. He is also called the Supreme Teacher, that is, the Ocean of Knowledge. You now understand that this is the praise of your Father. Through Him the stage of us children also has to become like His. He is the greatest of all fathers. He is not a sage or holy man. That One is the unlimited Father, the Incorporeal Supreme Father, the Supreme Soul. It is in the intellect of you children that that One is our unlimited Mother, Father and Husband etc. He is everything for us but nonetheless that intoxication doesn't stay all the time. Children repeatedly forget this. That One is the highest Father of all and the sweetest Father of all whom everyone has been remembering for half the cycle. They do not remember Lakshmi and Narayan as much. The God of the devotees is only the one Incorporeal One. Everyone remembers that One alone. Although some believe in Lakshmi and Narayan or Ganesh etc. they would still say the words "Oh God!" The words "Oh Supreme Soul" definitely emerge from everyone's lips. Souls remember Him. Physical devotees remember physical things. In spite of that, souls are so faithful to their Father that they definitely remember Him. In sorrow the sound quickly emerges: Oh Supreme Soul! They definitely understand that God is incorporeal, but they don't know the importance of that. Now that He has come personally in front of you, you have come to know the importance. He is the Creator of heaven. He is teaching us personally. This is the only study. There are many different types of study of physical things. If someone's mind is not set on studying, he will leave that study. There is no question of money etc. in this study. That *Government* also gives *free* education to the poor. Here, this study is free anyway. There are no *fees* etc. The Father is called the Lord of the Poor. Only the poor study here. This is a very easy and inexpensive study. Human beings *insure* themselves. Here, you also *insure* everything. You say: Baba, You Yourself give us the return for 21 births in heaven. On the path of devotion, they don't say: Oh Supreme Father, Supreme Soul, give us an inheritance for 21 births. You know that you are now *insuring* yourselves *directly*. This one always says that it is God who gives the fruit. God gives to everyone. Whether it is a sage or holy man or someone with occult powers, it is God who gives to everyone. The soul says: It is God who gives to everyone. When someone donates or performs charity, it is still God who gives the fruit of that. There is no expense in this study. Baba has explained that the poor also *insure* just as much. A wealthy person might have insurance for hundred thousand and he would receive the return of a hundred thousand. When a poor person insures one rupee, and a wealthy person insures 5000, the return of both is *equal*. It is very easy for the poor; there are no *fees* etc. Poor and wealthy - both have a right to receive an inheritance from the Father. Everything depends on the study. When the poor study well, their status becomes even higher than that of the wealthy. This study is an income. It is very inexpensive and very easy. You simply have to know the beginning, the middle and the end of the human world tree. No human being knows it. No one can be trikaldarshi. Everyone says that God is infinite. They believe that God is the Seed of the human world tree. This is an inverted tree. Nevertheless, they say that they don't know it accurately. It would only be the Father who is *knowledge-full* who tells you about it accurately. Everything depends on the study of you children. You now know this numberwise, according to the effort you make. You are *master* oceans of knowledge. Not everyone can be the same. Some are big rivers and others are small rivers. You all study according to your own efforts. You children know that this is our unlimited Father. You have to belong to Him and follow His shrimat. For some, it is said: That poor person is under the influence of someone else. They are influenced by Maya and follow wrong dictates. Shrimat are the versions of God through which you become

the most elevated of all deities. When you first have faith, you can then meet Shiv Baba. Baba can understand when someone doesn't have accurate faith. They understand that the Father of souls is the One, but it is very difficult for them to have the faith that He has entered this one and is giving us an inheritance. When this sits in their intellect and they put it in writing, you can then bring that writing to Baba. They would understand that this is right and that what they previously understood for so long was *wrong*. God is not omnipresent. He is the unlimited Father. Bharat truly receives an inheritance every cycle at the confluence age from the unlimited Father. It received it at the confluence age at this same time, and it is once again receiving it now. This too should be written. Truly, the Father only comes at the confluence age. He comes and creates heaven through the BKs. When they put this in writing, you will be able to explain whom they have come to and what they have come to take. God's form is incorporeal. Because of not knowing the form of God, they say that He is the brahm element. It has been explained to you children that He is a Point. It would not sit in the intellect of anyone else that God is a Point. For a soul, they say that a star shines in the centre of the forehead. That is a tiny thing. So you have to think about who the actor is. Such a tiny soul has such a big imperishable *part* recorded within Him. When someone goes *deep* into these things, you have to explain to him. You, the soul, say: I have taken 84 births. The whole of that *part* is *merged* in the tiny soul, the point, and it continues to *emerge*. People will be amazed by these things. No one can understand these things. Our 84 births are *repeating*. This *drama* is predestined. People become amazed when they hear how a *part* is fixed in each soul. Truly, I, the soul, say: I, the soul, shed one body and take another. This *part* of mine is fixed and it *repeats* according to the *drama*. Those who have a weak intellect can't imbibe these things. You have to remember this: I take 84 births and play my *part*; I adopt a body. When you continue to remember these things, it would be said that you are fully trikaldarshi and that you are also making effort to make others trikaldarshi. You children need courage to be able to explain this. You have to become a stick for the blind and awaken everyone from their sleep. Awaken, oh brides, awaken! The new world is now being established. The old world is to be destroyed. Have you not heard the names of Trimurti Brahma, Vishnu and Shankar? Establishment takes place through Brahma. All of these are Brahma Kumars and Kumaris. Brahma does not do this alone. Together with Prajapita, there are definitely also the Brahma Kumars and Kumaris. This one's Father who teaches him would also definitely be here. This one (Brahma) cannot be called the Ocean of Knowledge. They show Brahma with scriptures in his hands. However, it is the Supreme Father, the Supreme Soul, who enters him and tells you the essence of all the Vedas and scriptures through him. Brahma doesn't tell you the essence of all the scriptures. Where would he learn that from? There definitely has to be his Father and Guru. Prajapita is definitely a human being, and he has to exist here. He is the one who creates people. He cannot be called the *Creator*, the Ocean of Knowledge or *knowledge-full*. Only the Supreme Father, the Supreme Soul, is the Ocean of Knowledge. He comes and teaches you through Prajapita Brahma. Everything depends on your dharna. Whether you *insure* yourselves or not is up to you. Baba *insures* everything very well. He is the *Insurance Magnate* on the path of bhakti as well as on the path of knowledge. All souls remember the Father on the path of devotion and say: Baba, come and liberate us from sorrow. The Father gives you an inheritance. He either sends you to the land of peace or the land of happiness. Those who are to receive an inheritance of peace will claim that same inheritance of peace every cycle. You are now making effort to claim your inheritance of happiness. Here, you have to study and also teach others. Just as the Father is the sweetest of all, in the same way, His creation is also the sweetest of all. Heaven is so sweet! Everyone speaks of heaven. When someone dies, they say that he has gone to heaven. So, he was definitely in hell and has now gone to heaven. Even though that soul doesn't go there, they still say it. You should write that he definitely was in *hell*. This is *hell*, so why do they still try to invoke that soul here and feed him the things of here? They invoke the departed spirits. To invite a soul is to invite a departed spirit. You then invite the Father of all departed spirits. The Father of all souls sits here and teaches you. You are such an incognito army, the Shiv Shaktis. Shiva is Incorporeal. You Shaktis are His children. Power is received by the soul. People show their physical power whereas you show your spiritual power. Yours is the power of yoga. When you souls have yoga, you become pure. The soul develops strength. Out of all of you,

Mama's sword of knowledge was very sharp. This is not a question of a physical sword. A soul understands when he has very good power to blow the conch shell of knowledge. "I can blow the conch shell." Some say: I am unable to blow the conch shell. The Father says: I have deep love for those who blow the conch shell of knowledge. You would give My introduction with knowledge, would you not? "Remember the unlimited Father" - This too is giving knowledge, is it not? In remembering the Father, you don't have to say anything in words. Internally, you have to understand that the Father is giving you *knowledge*. The Father says: You have to return home. Remember Me and your sins will be absolved. God speaks: Manmanabhav. So He would definitely be the Incorporeal. How could a corporeal one say: Remember me? Only the Incorporeal says: O souls, remember Me. I am your Father. Remember Me, and your final thoughts will lead you to your destination. Krishna cannot say this. You souls say through your body: O embodied soul, remember your Father. The Father also says to souls: Manmanabhav. You souls have to come to Me. You have to become soul conscious. *Practise* very well: I, the soul, am the one who is making this body function. I now have to return home to the Father. The Father says: Whilst walking and moving around, whether sitting or standing, remember Me. Those who spread peacelessness are destroying their own status. You have to become very sweet. There is also the song: How sweet and lovely Shiva, the Innocent Lord, is! You, His children, are also innocent. You show the *first-class* path: Remember the Father and you will become the masters of heaven. No one else can make such a deal with you. So you should remember the Father a great deal. They remember the One from whom they receive so much happiness and say: Oh Purifier, come! Souls have become impure, and together with that, their bodies have also become impure. Both soul and body have become impure. Those people say that souls are immune to the effect of action and cannot become impure, but that is not so. Only the one Supreme Father, the Supreme Soul, never has alloy mixed in Him. All the rest definitely have to have alloy mixed in them. Each one of you has to go through the stages of sato, rajo and tamo. You should imbibe all of these *points* and become very sweet. It shouldn't be that you have enmity with some and friendship with others. To be body conscious and take personal *service* from someone whilst you just sit there is totally *wrong*. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

#### Essence for dharna:

1. Churn knowledge, become trikaldarshi and make others trikaldarshi. Become a stick for the blind and awaken everyone from the sleep of ignorance.
2. *Insure* everything of yours for 21 births. Together with that, also blow the conch shell of knowledge.

**Blessing:** May you be a *master* bestower of peace and attract everyone with the power of peace. Just as you now know the way to serve through words, in the same way, now shoot the arrows of peace. With this power of peace, you can even bring about greenery in the desert. No matter how hard a mountain may be, you can extract water from it. Use this great power of peace *practically* in your thoughts, words and deeds and you will become a *master* bestower of peace. Then, the rays of peace will attract all souls of the world to the experience of peace and you will become magnets of peace.

**Slogan:** Take a vow of the soul-conscious stage and attitudes will change.

\*\*\* OM SHANTI \*\*\*



**Essence:** Sweet children, have such *practice* of staying in remembrance that at the end you don't remember anyone except the one Father.

**Question:** By following which shrimat can you children become fortunate?

**Answer:** The Father's shrimat is: Children, become conquerors of sleep. The early morning time is very good. Wake up at that time and remember Me, your Father, and you will become very fortunate. If you don't wake up early in the morning, then, by remaining asleep, you lose out. Simply to sleep and eat means to lose out. Therefore, instil the habit of waking up early in the morning.

**Song:** You wasted the night in sleeping and the day in eating.

Om shanti. This story is for you children. The Father says: Children, to eat and sleep is not really a *life*. Since you children are receiving the donation of these imperishable jewels of knowledge, your apron is becoming full. Therefore, to sleep and eat means to lose out. There is great praise of waking up early in the morning on the path of devotion and also on the path of knowledge because there is a lot of peace in the early morning hours. All souls are in their original religion. They become bodiless and take a rest. At that time, you can have a lot of remembrance. During the day, there is a lot of chaos of Maya. Only that time is good. We are now becoming like diamonds from shells. The Father says to the children: You are My children and I am your Child. How the Father becomes the Child is something to be understood. The Father gives an inheritance to His children. In fact, I am the Businessman anyway. Your body and mind, that are worth shells, are *not worth a penny*. I take everything old of yours and give it all back to you for you to look after as a *trustee*. You have been singing for birth after birth: I will surrender myself to You. I will sacrifice myself. Mine is One and none other. Because all are brides, they remember the one Bridegroom. By forgetting your body and all bodily relationships, let there be such remembrance of just the One that, at the end, you don't remember either your body or anyone else. You have to have that much *practice*. The early morning time is very good. This is your true pilgrimage. People have been going on pilgrimages for birth after birth, but they didn't attain liberation, and so that was a false pilgrimage. This is the true spiritual pilgrimage of liberation and liberation-in-life. When people go on pilgrimages, they remember Amarnath, Badrinath. They especially speak of the four pilgrimage places. How many pilgrimage places have you been to? How much bhakti have you done? You have been doing it for half the cycle. No one knows these things. Only the Father Himself comes to *liberate* you, becomes your *Guide* and takes you back with Him. He is such a *wonderful Guide*. He takes you children to the land of liberation and liberation-in-life. No one else can be such a *Guide*. Sannyasis simply speak of the land of liberation. They wouldn't be able to speak of the word, "liberation-in-life". They consider that to be temporary happiness like the droppings of a crow. You children know that the Father is the Remover of Sorrow and the Bestower of Happiness. O Mother and Father, when we become Your children, all our sorrow is removed. We become happy for half the cycle. This remains in your intellect, does it not? However, when you get involved in business etc. you forget this. You don't wake up early in the morning. Those who remain asleep lose out. You know that you have truly received a birth like a diamond. Even now, if you don't wake up, it would be understood that you are not fortunate because you don't wake up early in the morning and remember the *most beloved* Father and Bridegroom. The Bridegroom became separated from you for half the cycle and you forgot the Father for the whole cycle. Then, on the path of bhakti, you remembered Him in the form of the Beloved or the Father. The bride remembers the Bridegroom. He is also called the Father. The Father is now personally in front of you and so you have to follow His shrimat. If you don't follow shrimat, you fall. Shrimat means the directions of Shiv Baba. You cannot say: We don't know whose directions we are receiving. You should understand that He is also *responsible* for the directions of this one, just as in a worldly way, a father is *responsible* for his children. *Son shows father*; this body of Brahma *shows* the *Father*. He is a very dearly beloved child. There are many very good children who don't know whose directions they are following or who is giving them *directions*. They don't even remember Baba. They don't wake up early in the morning and remember Baba and so their sins are not absolved. Baba tells you: I make so much effort and yet the suffering of karma still continues, because

it is not just a question of this one birth. There are the karmic accounts of many births. You have received the *direction*: By telling Baba about your sins of just this one birth, half can be cut away. The Father says: I know and Dharamraj knows that you have committed many sins. Dharamraj has been giving punishment in the jail of the womb. You are now making effort and having your sins absolved and so you receive the palace of a womb. Maya doesn't exist there that she would make people commit sin for which they would have to experience punishment. For half the cycle, it is the Godly kingdom and for half the cycle it is Ravan's kingdom. The example of the snake is also from here. Sannyasis have *copied* you. Similarly, Baba gives you the example of the buzzing moth. Just as a buzzing moth takes ants into her home, so you too bring impure ones here. Then you change them from shudras into Brahmins. Your name is Brahmini (Brahmin teacher). This example of the brahmari (buzzing moth) is very good. Many come here in a *practical* way, but some remain weak and others decay. Some are finished. Maya brings great storms. In fact, each one of you is Hanuman. No matter how many storms Maya brings, we will never forget Baba or heaven. Baba repeatedly tells you to remain cautious. People go stumbling along on pilgrimages. Here, you don't go anywhere else. You simply have to continue to remember the one Father and the land of happiness. You are truly those who become victorious. This is called the power of the intellect's yoga and the power of knowledge. By remembering the Father, you receive power and the lock on the intellect opens. If someone's activity is unlawful, his intellect becomes locked. The Father explains: If you do something like that, then, according to the *drama*, your intellect will become locked. You won't be able to tell anyone not to indulge in vice. Your conscience will continue to bite inside: I have committed so many sins. On the path of ignorance too, your conscience bites. Someone dies and would then cry out in distress. Then, at the end, all their sins appear in front of them. As soon as a soul enters the jail of a womb, punishment begins. You will definitely remember all of that at the end. So, the Father now says: You don't have to cry out in distress. You must simply not commit sin. There are *jail-birds*. You too were *jail-birds*. Baba is now liberating you from the punishment of the *jail* of a womb. He says: Remember Me, your Father, and you will be liberated from sins and become pure. If you then fall, you will be badly hurt. First, there is impure arrogance. Then there are lust and anger. Lust is the greatest enemy. It has been causing you sorrow from its beginning through the middle to the end. You are making effort to receive happiness from the beginning through the middle to the end. Therefore, you should make full effort. Some say that they are unable to wake up early in the morning. In that case, they won't be able to claim a high status. They will have to become maids or servants. There, you won't have to pick up cow-dung. There are no road-sweepers etc. there. Even now, they don't have servants etc. abroad. Everything becomes clean automatically. There, there is no dirt. But yes, there will be cremators and maids and servants. The Father tells you children all the secrets. The whole kingdom is in your intellect. You have now understood the *drama*. First of all, you must explain this cycle. Invite the *Governor* etc. for the *opening* ceremony. You children are given *directions*: Before you have the *opening* ceremony, explain to them: Bharat was elevated and it has now become corrupt. The worthy-of-worship deities of Bharat have become human beings who are worshippers. You must definitely explain this to them so that they themselves say that you are explaining to them the secrets of the world cycle. Those who know these things are said to be trikaldarshi. If a human being doesn't know the *drama*, of what use is he? Many people say that the purity of the BKs is very good. Everyone likes purity. Sannyasis are pure and the deities are also pure and this is why people bow their heads in front of them. However, this is something else. Only the Supreme Soul can be the Purifier. It cannot be a human guru who makes impure ones pure. You should explain: Please have mercy for yourself and understand this matter so that your status will become very high. Explain to them how the people of Bharat have become worshippers from being worthy of worship and how the deities, the people of Bharat, take 84 births. You definitely have to explain these things to them. 3000 years before Christ, the people of Bharat were deities. That is called *heaven*, the land of happiness. Heaven has now become hell. If you sit and explain this to them, you will be praised a great deal. You should also give a *party* for journalists. Then, everything depends on them as to whether they set fire or throw water on everything you have done. You children know that the war has to take place. Rivers of blood will flow in Bharat. When

*partition* took place, so many people became homeless. The Governments became completely separate. That too is fixed in the *drama*. They fight amongst themselves and cause *friction*. In the beginning, Hindustan and Pakistan were not separate. Rivers of blood have to flow in Bharat, for only then will rivers of ghee flow there. So what would be the consequence? Only a few are saved. You Pandavas are in an incognito dress. So, first of all, give the introduction to the *Governor*. You have to first of all praise those to whom you have to go. However, only you understand the secret of what is written about them. They don't understand that this kingdom is like a mirage. According to the *drama*, their own *plans* are also made. In the Mahabharata, they show that annihilation took place. A great annihilation doesn't take place. The knowledge of the world cycle should echo inside you children at every moment. First of all, they should understand who it is that is giving you these teachings. Only then would they understand that they too are truly the children of Shiva and also the children of Prajapita Brahma. This is the genealogical tree. Prajapita Brahma is the *great-great-grandfather*. Brahma is the senior most of the human world tree. Shiva would not be called this. He is just called the *Father*. The title "*Great-great-grandfather*" belongs to Prajapita Brahma. There must definitely also be the *grandmother* and the *grandchildren*. You children have to explain all of this. Shiva is the Father of all souls. He creates the world through Brahma. You know how many generations there are. You should explain to the *Governor*: Such *exhibitions* should take place at every corner. Please make the arrangements for us. We don't even have three square feet of land and yet we then become the masters of the world. If you make these arrangements for us, we will do service to make Bharat into heaven. If they give you even a little help, all the people will begin to say that even the *Governor* has become a Brahma Kumar. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

#### Essence for dharna:

1. Surrender your body, mind and wealth that are worth shells to the Father and then look after them as a *trustee*. Remove your attachment to them.
2. Wake up early in the morning and remember the Father with a lot of love. Gain victory over Maya with the power of knowledge and the power of your intellect's yoga.

**Blessing:** May you be *ever-ready* on time and with the power to pack up, lock your bags and baggage. Those who pack up the bags and baggage of their body, bodily relations, physical possessions, and sanskars and become ready are the ones who are *ever-ready*. This is why the power to pack up has been shown in the picture of all the powers as *packed* luggage. You should not even have a thought that you still have to do this, or that you have to become this, or that is still left to be done. Be ready in a *second*. You are *ever-ready* for whenever time calls you. No relationship or physical possession should be remembered.

**Slogan:** To imbibe God's virtues and powers within yourself is great tapasya.

\*\*\* O M S H A N T I \*\*\*

**Essence:** Sweet children, there is bondage in relationships of the body, therefore there is sorrow. Stay in the relationship of the soul and you will receive limitless happiness and you will stay in the remembrance of the one Mother and Father.

**Question:** Which intoxication should you maintain so that you have courage to conquer Maya?

**Answer:** Have the intoxication that you have stayed in remembrance of the Father every cycle, become victorious over Maya, your enemy, and become like a diamond. God Himself is our Mother and Father. With this awareness and intoxication you will receive courage. Children who have courage definitely become victorious and they constantly remain engaged in *Godly service*.

**Song:** The heart desires to call out to You...

Om shanti. The worshippers of the deities have been remembering the Parlokik Mother and Father, and the devotees know that the Mother and Father definitely has to come to give us the fruit of our devotion. Those poor people don't know who that Mother and Father is. They call out to Him and this proves that they definitely have a relationship with Him. One is the lokik relationship and the other is the Parlokik relationship. There are many types of lokik relationship. Paternal and maternal uncles etc. are lokik bondages. This is why they call out to the Supreme Father, the Supreme Soul. Children know that there are no bondages in the golden age. They call out to the Father: We are now in bondage and wish to have a relationship with You. Devotees remember that they are in many types of bondage. Because of remembering the body, there are many bondages. When in relationship of the soul, you only remember the Mother and Father. There is the difference of day and night between remembering the lokik and the Parlokik. These are the physical bondages and that is the spiritual relationship. You have physical relationships in the golden age because there are relationships of happiness there. Here, they are said to be bondages of sorrow. They wouldn't be called relationships here. Previously, you didn't know these things. You have now understood. You definitely used to call out: Oh Mother and Father, come! The Father would definitely give only happiness to everyone. However, no one knows what the happiness is that the Father gives. You now have a relationship with the Father and you receive constant happiness from Him. Happiness is called relationship and sorrow is called bondage. Therefore, children call out to the Mother and Father to come and tell them such sweet things. Those people call out *indirectly* whereas you call out *directly*. They also remember: Oh Supreme Father, Supreme Soul. Since there is the Father, there must also definitely be the Mother. How else would the Father *create*? How would children write a letter to Shiv Baba? He wouldn't be able to read it just like that. Shiv Baba is sitting here. This is why you write: Shiv Baba *c/o* Brahma. Shiv Baba definitely adopts someone's body. It is sung: Souls remained separated from the Supreme Soul for a long time. He is called the Satguru. He is the Bestower of Salvation for All. He comes and enters this body and then tells him the secret of 84 births. The night of Brahma and the day of Brahma have been remembered. First of all is the Supreme Father, the Supreme Soul, the Creator. He creates Brahma, Vishnu and Shankar. Truly, the Supreme Father comes to make the night of Brahma into the day of Brahma. The day of Prajapita Brahma is also the day of the Prajapita Brahma Kumars and Kumaris. The golden and silver ages are called the day and the copper and iron ages are called the night. You children have now come to claim your inheritance of heaven from the Father. It is for Him that you sing: You are the Mother and Father. As the Friend, He comes and entertains you in a light hearted way. The main three relationships are Father, *Teacher* and Satguru. Only through these is there benefit. However, there is no question of the relationships of paternal or maternal uncles etc. So the perfect Father comes and makes you children perfect. You are now becoming 16 celestial degrees full. You are experienced. How could anyone else know this? How could they understand any of this unless they came into the company of you children? You now know that there is bondage on the path of devotion too. You remember Him when you are in bondage to Ravan, the five vices. The Father's name is the *Liberator*. The English word is very good. He *liberates* you. Human beings are *liberated*. He comes to *liberate* you from sorrow and the bondage of Maya. Then, He is also the *Guide*. It is also mentioned in the Gita that He takes everyone back like a swarm of mosquitoes. Therefore destruction will definitely take place. It is also remembered that He inspires establishment through Brahma and destruction through Shankar. Then

sustenance also takes place through the one who carried out establishment. You are now becoming ready numberwise according to the effort you make. The bondages of the body have to be broken away from the intellect. Sannyasis leave their home and family and run away. You study Raja Yoga whilst living at home. There is the example of Janak. He then became Anu Janak. Many children say that they want to live in their kingdom (home) like Janak and take knowledge. Each one is a king of his own home. The owner is called the king. There is the father, his wife, and their children, and so that is a limited creation. He *creates* it and also sustains it, but he cannot destroy it because the world has to grow. Everyone continues to create. It is only the unlimited Father who comes to create a new creation and get the old one destroyed. Only the Supreme Father, the Supreme Soul, the Creator of Brahma, Vishnu and Shankar would carry out establishment of the new world and destruction of the old world. You children can understand these things very well. These things are very easy. The very name is easy yoga or remembrance. The knowledge and yoga of Bharat are very well known. The Father is now giving you children divine directions through which you will always remain cheerful. The new world is created by the Mother and Father. Everyone knows that God created them. You now understand how God comes and creates the new world. He *adopts* (creates) the new world. There are definitely the Mother and Father. There is the Father and then He *adopts* you through this one and so this one is the senior mother. The first *adopted* one is Saraswati. The Father entered this one. This Mama is *adopted*. For you, He is the Mother and Father. For me, He is my Husband and also my Father. He entered me and made me His wife and also His child. These are very entertaining things which you should listen to personally. Amongst you too, you understand these things numberwise. If you have understood everything, then explain them to others. If you are unable to explain, it means you yourself haven't understood. Anyone can straightaway tell how a tree grows from a non-living seed. Until the Father comes and explains the knowledge of this unlimited tree, no one can understand it. You know that you are studying Raja Yoga with the Father and claiming your inheritance. This should be in your intellect. This is a *double* relationship. There, you have a *single* relationship. You don't remember the parlokik Father. Here, all of these are bondages. You know that at this time you are also in that bondage. You have come into relationship with the Father to become free from that bondage. Nowadays, there are so many different directions. They continue to fight and quarrel amongst themselves. They even fight over water and land. "This is in our boundary, this is not in your boundary." They have become totally limited. They have forgotten that in the golden age the people of Bharat were masters of the unlimited. Those who were the masters have forgotten this. They definitely have to forget, for it is only then that the Father can come and explain to you. You know these things at this time. There, there is bondage. Here, you have a relationship with the Mother and Father. You know that you are following shrimat and receiving the inheritance of limitless happiness. The Father says: I give you an inheritance of happiness. Who then curses you? Maya, Ravan. There is sorrow in a curse and happiness in an inheritance. People don't know who gives them the inheritance of sorrow. The Father establishes the golden age and so He would definitely give you an inheritance of happiness. The Father would not be called one who gives you an inheritance of sorrow. It is an enemy who gives you sorrow. However, no one understands these things. They have put the things of one time period into another. They say that Lanka was looted and that gold was brought over. There isn't any gold in Ceylon. Gold is found in mines and, in some places, by rivers. You children now know that this is the eternal *world drama*. This knowledge is in the intellect of you children numberwise, according to the effort you make. What status will those who don't understand anything and are unable to explain anything receive? They will have to bow down in front of those who are educated. There is a difference between the kings and queens and the subjects. Just as Mama and Baba claim a high status, so you too should make effort and study so much that you sit on the throne of Mama and Baba and become a bead of the rosary of victory. A lot of *temptation* is given to you. This is Raja Yoga. Claim the kingdom through Raja Yoga. Subjects will be created according to the lowest effort made. It is always said: *Follow the father*. You are his children. There is that *Father*, then this *father* and then there is also the *mother*. She is *number one* in *following* him. You are brothers and sisters. There has to be the one Father. Everyone says: "Oh God, *the Father!*" and so all are brothers and sisters. There aren't many other

relationships. Brothers and sisters, and that's all. They have father, grandfather, brother and sister, many relationships. Here, there is one Father and one Dada. There is the one Prajapita Brahma and creation is created through him. You brothers and sisters claim a status numberwise according to the effort you make. All the rest will go and hang in their own section of the tree. They have their destination. They come down from there. Therefore, there is first liberation-in-life. First of all, there is the liberation-in-life of the people of Bharat in heaven. The Father tells you such nice things. Mine is the one most elevated *Teacher* and none other. Kumaris say: Mine is one Shiv Baba. Kumaris have to pay full *attention* to this. Once you belong to this *Government*, you have to engage yourself in God's *service*. How can you then continue with devilish *service*? Each of you is given advice according to your own karmic bondages. It is seen whether she is able to become free or not. When someone has a good *shrewd* intellect, she can remain *on Godly service only*. You children are doing *Godly service*, the *service* of making others viceless. We are an army. *God* is teaching us how to battle with Maya. Ravan is our oldest enemy. Only you know this. You will conquer Ravan and then become like a diamond. You children should have that courage and intoxication. People continue to fight. Everywhere you look, there is nothing but fighting. We don't fight with anyone. The Father says: Remember Me and your sins will be absolved. Maya won't attack you then. Then, also remember your inheritance. You also have to relate this to someone. Give the Father's introduction and connect their intellect's yoga to Him. He is our Mother and Father. Since Shiv Baba is the Father, tell us who is your mother? These are also such deep matters. You ask them who is the Father of the soul. They would write: The Supreme Soul, God. OK, so where is the Mother? How can He create children without the Mother? So they would then go towards the World Mother (Jagadamba). Achcha. In that case how was Jagadamba created? No one knows this either. You know that Saraswati is the daughter of Brahma. She too is mouth-born. Only the Father is the Creator. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

#### **Essence for dharna:**

1. Mine is the one most elevated *Teacher* and none other: With this faith, study like the mother and father. *Follow* them fully in your efforts.
2. Break the bondages of the body away from your intellect. Follow the divine directions and constantly remain cheerful. Do God's service.

**Blessing:** May you be a Mahavir seated in a vehicle and holding the ornaments and give visions of the Father.

Mahavir means one who holds weapons. Shaktis and Pandavas are always shown in the vehicles and they are also shown holding weapons. Weapons means their ornaments. The vehicle is their elevated stage and the ornaments are all powers. Only those who are seated in such vehicles and holding such ornaments become the images that grant visions of the Father. This is the duty of the Mahavir children. A Mahavir is someone who goes across all adverse situations with his flying stage.

**Slogan:** Make your stage elevated with your constant and stable efforts so that a *paper* as big as the Himalayas will become like cotton wool.

\*\*\* OM SHANTI \*\*\*

**Essence:** Sweet children, at the time of the early morning hours, remember Me, your Father, with your mind and intellect. Together with that, do the service of making Bharat into the divine land of kings (Rajasthan).

**Question:** On what basis do you receive the *prize* of the sun-dynasty kingdom?

**Answer:** In order to claim the *prize* of the sun-dynasty kingdom, become the Father's full helper. Continue to follow shrimat. Don't ask for blessings, but with the power of yoga, make effort to make the soul pure with the power of yoga. Renounce your body and all bodily relations and remember the one *most beloved* Father and you will receive the *prize* of the sun dynasty kingdom. There will be everything – *peace, purity and prosperity* in that.

**Song:** At last the day for which we had been waiting has come...

Om shanti. The meaning of "Om shanti" always remains in the intellect of you children. Apart from you, children, no one would be able to understand the things the Father explains. It is like when a new person goes and sits in a *medical college* and wouldn't understand anything. There is no such spiritual gathering where people go and aren't able to understand anything. There, they relate the things of the scriptures. This is the biggest *college* of all. This is not something new. The day has come once again when the Father sits here and teaches you children Raja Yoga. At this time there is no kingdom in Bharat. You become the kings of kings through this Raja Yoga. That is, you know that you are also becoming the kings of those who become vicious kings. You have received an intellect. Whatever actions are performed remain in your intellect. You are *warriors*. Your souls know that by having yoga with the Father, you are making Bharat pure, and by imbibing the *knowledge* of the beginning, the middle and the end of the cycle, you are becoming the kings who rule the globe. It should remain in your intellect that we are on a battlefield. Our victory is already guaranteed. This is *certain*. We are truly making this Bharat into the divine land of *double-crowned* kings. Baba continues to explain to you very well for the pictures. We have completed our 84 births and are now to return home. We will then come and rule here. People ask: What are all these Brahma Kumars and Kumaris doing? What is this organisation of Brahma Kumaris? The BKs instantly say that they are making this Bharat into the divine land of kings once again by following shrimat. People don't know the meaning of Shri. You know that Shiv Baba is Shri Shri. His rosary is created. Whose creation is all of this? The Father is the *Creator*. Whoever it is, the sun dynasty or the moon dynasty, this is the whole rosary of Rudra Shiv Baba. Everyone knows their Creator, but they don't know His *occupation*. It is not in anyone's intellect how or when He comes and makes the old world new. They believe that the iron age is going to continue for many more years. You now know that you have become instruments to establish the divine land of kings. There will truly be the land of deity kings and then there will be the land of warrior kings. There will first be the kingdom of the sun-dynasty clan and then the warrior clan. If you want to become the kings and queens of the globe, the cycle should spin in your intellect. You can explain these pictures very well to anyone. This Lakshmi and Narayan belong to the sun-dynasty clan and Rama and Sita belong to the warrior clan. They then become the merchant and shudra dynasties, the impure clans. Those who were worthy of worship then become worshippers. Pictures of kings with a *single* crown should also be created. This *exhibition* will be very *wonderful*. You know that, according to the *drama*, this *exhibition* is extremely essential for *service*, for it is only then that it will sit in the intellect of the children. It is explained through the pictures how the new world is being established. The mercury of happiness should rise in the intellect of you children. It has been explained to you that, in the golden age, they have knowledge of the soul. That is, when they become old, they suddenly have the thought that they have to shed their old body and take a new one. They have that thought at the end of their lifespan, but otherwise, they remain happy for the rest of the *time*. In the beginning they don't have that knowledge. It has been explained to you children that no one knows the name, form, land or time of the Supreme Father, the Supreme Soul, until He comes and gives His own introduction. His introduction is very deep. At first, it has to be said that His form is that of a lingam. When they create a sacrificial fire of Rudra, they make lingams of clay, which they continue to worship. The Father didn't tell you of the point-form in the beginning. If He had told you of the point-form in the beginning, you wouldn't have understood it. He explains whatever has to be explained when it has to be explained. You cannot say: Why didn't You

explain to us earlier the things You are explaining to us today? No, it is fixed in the *drama* that way. *Service* can grow a lot through this *exhibition*. After an *invention* has been created, it increases, just as Baba gives the example of the *motor-car*. At first, it took effort to *invent* it, and then they started producing a *motor* a *minute* in the big factories. *Science* has expanded so much. You know that Bharat is so big and the world is also so big. Then, it will become so small. This has to be made to sit in your intellect very well. It will only sit in the intellect of *serviceable* children. All the others simply *waste* their *time* in eating, drinking and gossiping. You know that the land of deity kings is once again being established in Bharat. In fact, to call it a *kingdom* is also *wrong*. Bharat is becoming the deity Rajasthan. At this time, it is the land of devilish kings, it is the kingdom of Ravan. There is the influence of the five vices in everyone. There are millions of souls, all are *actors*. They come at their own time and then go back. Then, they all have to *repeat* their *part* at their own time. The *drama repeats* identically *second by second*. The *part* that was played in the previous cycle is the part that is being played now. All of this has to be kept in your intellect. It becomes difficult when you are engaged in your business etc. However, the Father says: The early morning time has been remembered. They sing: Oh mind, remember Rama in the early morning hours. The Father says: Now, don't remember anyone else. Remember Me in the early morning hours. The Father now tells you this personally and it is then remembered on the path of devotion. There is no remembrance of this in the golden and silver ages. The Father explains: O soul, remember Me, your Father, with your mind and intellect in the early morning hours. Generally, devotees remain awake at night and they remember something or another. The customs and systems of this time then continue on the path of devotion. You children continue to receive many different methods with which to explain. In such-and-such a time, Bharat was the land of deity kings and then it became land of the warrior kings and then it became the land of merchant kings. They continue to become tamopradhan day by day. They definitely have to fall. This cycle is the main thing. By knowing the cycle you become the kings who rule the globe. You are now sitting in the iron age. The golden age is in front of you. You have the knowledge of how this cycle turns. You know that tomorrow you will be in the golden-aged kingdom. It is so easy. At the top, there is Trimurti Shiva. There is also the cycle. Lakshmi and Narayan are also included in that. When this picture is kept in front of you, it is easy to explain to anyone. Bharat was the land of deity kings, but it isn't that now. There aren't even those with a *single* crown. You children have to explain using the pictures. These pictures are very *valuable*. They are such *wonderful* things and so you have to explain them *wonderfully*. You all should keep these 30" x 40" pictures of the tree and the Trimurti in your homes. When your friends and relatives come, explain these pictures to them. This is *world history* and *geography*. All you children should definitely have these pictures. Together with these, you should also have good songs. At last the day has come. Truly, Baba has now come. He is teaching us Raja Yoga. Anyone who asks for the pictures can have them. Poor people can receive them *free*. However, you have to have the courage to explain them. This is the treasure of the imperishable jewels of knowledge. You are donors. No one else can donate the imperishable jewels of knowledge like you do. There is no other donation like this. So you should donate these. You should explain to whosoever comes. Seeing one or two come, many others will come. These pictures are *most valuable* things. They are invaluable, just as you are also said to be invaluable. You are becoming like diamonds from shells. If someone were to take these pictures abroad and explain them, there would be great wonders. For so long, sannyasis have been saying that they are teaching the yoga of Bharat. Each one praises his own religion. Those who belong to the Buddhist religion make so many others into Buddhists, but there is no benefit in that. Here, you are changing human beings from being like monkeys into those who are worthy to sit in a temple. It is only in Bharat that they were completely viceless. Bharat was beautiful and now Bharat is ugly. There are so many human beings. There will be very few people in the golden age. The Father only comes at the confluence age to carry out establishment. He teaches Raja Yoga. He only teaches it to the children who studied it in the previous cycle. Establishment has to take place. Children are defeated by Ravan and then they conquer Ravan. It is so easy. Therefore, you children should have big pictures made and do *service* using those pictures. The writing on them should be very large. You should write on them when the path of devotion begins. The Father would surely come to grant salvation when degradation comes to an end. Baba has explained that



you mustn't tell anyone not to do bhakti. No. You have to give them the Father's introduction for only then will the arrow strike the target. You know that the war is called the Mahabharat War because this is the big sacrificial fire and that war starts from this sacrificial fire. This old world has to end. These things are in your intellect. People continue to receive *peace prizes*, but *peace* is not established. In fact, it is only the one Father who establishes *peace*. You are His helpers. You have to receive the *prize*. The Father doesn't receive the *prize*. The Father is the Bestower. You receive a *prize*, numberwise, according to the effort you make. There will be countless children. You are now establishing *purity, peace* and *prosperity*. It is such a big *prize*. You know that however much effort you make, accordingly you will receive the *prize* of the sun-dynasty kingdom. The Father is the One who gives you *shrimat*. You cannot say: Baba, give us blessings! *Students* are given advice: Remember the Father and your sins will be absolved. Only through the power of yoga will you souls become pure. All of you are Sitas. You go across fire. You either have to go across with the power of yoga or you will have to burn in the fire. Renounce your body and all bodily relations and remember the one *most beloved* Father. However, it is difficult for this remembrance to remain constant. It takes *time*. The fire of yoga has been remembered. The ancient yoga and knowledge of Bharat are very well-known because the Gita is the jewel, the mother, of all the scriptures. Raja Yoga is mentioned in it. However, they have lost the word Raja and just caught hold of the word yoga. No one except the Father can say: I will make you into the kings of kings with this Raja Yoga. You are now sitting personally in front of Shiv Baba. You know that all of you souls are going to reside there, in the supreme abode, and then you will adopt a body and play your *part*. Shiv Baba doesn't take rebirth. Brahma, Vishnu and Shankar also do not have to take rebirth. The Father says: I come to make impure ones pure. This is why everyone remembers Me and says: Oh Purifier, come! These words are *accurate*. The Father says: I am making you into pure deities and so you should also have that much intoxication. Baba enters this one and gives us teachings. Baba is the Master of this garden of flowers. We are holding onto Baba's hand. This is all a matter of the intellect. Baba is taking us across to that side, from the ocean of poison to the ocean of milk. There is no poison there. This is why that is called the *viceless world*. Bharat was viceless and it has now become vicious. This cycle is only for Bharat. Only the people of Bharat go around the cycle. Those of other religions do not go around the full cycle. They come later. This is a very *wonderful* cycle. There should be this intoxication in your intellect. There should be a lot of *attention* paid to these pictures. Demonstrate this by doing *service*. Your name will be glorified if these pictures are sent abroad. Then *service* would take place at a fast speed. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

#### Essence for dharna:

1. Donate the treasures of the imperishable jewels of knowledge that you have received. Do not waste your time in eating, drinking and gossiping.
2. Do the service of making human beings like diamonds from shells. Don't ask the Father for blessings or mercy. Continue to follow His directions.

**Blessing:** May you be co-operative and an easy yogi instead of being separated in yoga, and make preparations instead of waiting in anticipation.

Some children wait in anticipation thinking: "When this one lets go of this, I can become free. When this conflict ends, I can become free." However, it doesn't happen like that. These obstacles of Maya or test *papers* in the study are definitely going to come from time to time in different forms. So, don't wait, thinking, "When such-and-such a person goes away, or when this situation *passes*, then." No. I have to *pass*. Make such preparations. Constantly continue to move along with the finger of *shrimat* and become a co-operative and easy yogi soul. Don't be someone who is sometimes co-operative and sometimes an easy yogi, sometimes co-operative and sometimes one who is separated in yoga.

**Slogan:** To increase the zeal and enthusiasm of many other souls with your zeal and enthusiasm is true service.

\*\*\* O M S H A N T I \*\*\*

**Essence:** Sweet children, drums of happiness should beat in your heart because the unlimited Father has come to give you the unlimited inheritance.

**Question:** What illusion has Maya created for human beings due to which they are unable to make effort to go to heaven?

**Answer:** When people see the *pomp* of Maya of the final period over the last hundred years when they see the inventions of *aeroplanes*, electricity etc., they think that heaven is here. They have wealth, palaces, motor cars and so they think that this is it, that this is heaven for them. This happiness is from Maya and it has put them under an illusion. Because of this they don't make effort to go to heaven.

**Song:** Mother oh mother, you are the bestower of fortune for all...

Om shanti. It has been explained to you children that praise is sung of those who have been and gone. The people of Bharat don't know this. Even the scholars and pundits do not know this. Jagadamba, the World Mother, means the one who creates the people of the world. You know that the one who is called Jagadamba is now sitting personally in front of you children. They have been singing this on the path of devotion. You children have now received knowledge, that is, you have received Jagadamba's introduction. They have created many different pictures in the name of Jagadamba. In fact, there is only one Jagadamba, whether she is called Kali, Saraswati, Durga. By giving her many names people have become confused. They also speak of Kali of Calcutta. However, there is never such a person as that picture. The Father says: All of that is the paraphernalia of the path of devotion. The kingdom of Ravan starts at the time that the path of devotion starts. People don't know who Ravan is or who Rama is. This is an unlimited story. You children know that the kingdom of Ravan is now to end and that the kingdom of Rama is about to begin. Rama is definitely someone who gives you happiness and Ravan is definitely someone who causes you sorrow. There is the kingdom of Ravan in Bharat and so that is called the cottage of sorrow. The Father has explained that at present, all of you are in the kingdom of Ravan. The main thing is of Bharat. You have become degraded in the kingdom of Ravan. Rama, the unlimited Father, is the One who gives you happiness. At this time all human beings are following devilish dictates. There isn't a Ravan with ten heads. Those are the dictates of the five vices which are called the dictates of Ravan. Shiv Baba's directions are shrimat. It is now the devilish community. This is an unlimited matter. You receive happiness for 21 births by following shrimat. By following devilish dictates you have received sorrow for 63 births. You know that Ravan whom people have been burning is the biggest enemy. They don't understand when they will stop burning Ravan. They say: Burning Ravan has continued from time immemorial. They create his *effigy* and continue to burn it. Truly, Ravan has caused everyone sorrow, especially in Bharat. Therefore, Ravan is a great enemy but no one knows about this unlimited enemy. The unlimited Father comes and gives you unlimited happiness. Even scholars and pundits don't know such an easy thing. You children know that you have to claim your inheritance of happiness from the unlimited Father. However, you repeatedly forget the Father. On the path of devotion you have been calling out: Oh Baba, have mercy! Have *mercy on me!* He continues to have *mercy*. With whatever feelings you worship the deities, He definitely gives you temporary happiness for that. No one else can give you happiness. I alone am the Bestower of Happiness. I am also the Bestower on the path of devotion. They say: *God, the Father*, gave this. They say this of God. Then, why do you say that such-and-such a holy man gave you wealth, since it is only the one Father who gives you happiness? People even sing: Oh God, remove our sorrow! Then, why do they say that such-and-such a holy man removed their sorrow or gave them a child? They believe that they received happiness due to his grace. When they have profit in their business, they think that it is because of the grace of their guru. If they have a loss, they don't think that it is due to the lack of their guru's grace. Poor devotees continue to say whatever enters their mind without thinking about anything. They continue to *follow* whatever they hear. This is also the *drama*. The Father now comes and makes you belong to Him. Maya causes a lot of obstacles in your having love for the Father. She completely turns your face away. She makes you divorce the Father who gives you happiness for 21 births. The Father explains that there is the difference of day and night between the path of knowledge and the path

of devotion. When people have become poverty-stricken by doing bhakti, the Father comes, gives knowledge and makes you prosperous for 21 births. You have been doing that bhakti for birth after birth and received temporary happiness. There is a lot of sorrow caused. The Father says: I have come to give you back the kingdom you lost. This is something unlimited. It is not anything else. Lakshmi and Narayan etc. were *viceless* deities. There would have been so many diamonds and jewels in their palaces. As you progress further, you will see a great deal. The closer you come, the more *scenes* of heaven you will see. There will be such big courts. There will be such good decorations of gold and diamonds on the windows etc. That is all. Just wait for the night to end and the day will begin. The Paradise that you see in divine visions, you will definitely see that in a *practical* way. The destruction that you have seen in divine visions, you will definitely see that *practically* also. Drums of happiness should beat inside you. You are claiming your unlimited inheritance from the unlimited Father. These pictures are not *accurate*. You see all of those things in divine visions. You go there and perform dances etc. You used to make so many pictures etc. Whatever the Father showed you in divine vision, that will definitely happen in a *practical* way. You know that this dirty world is going to end. You are sitting here making effort to claim your self-sovereignty by following shrimat. There is a lot of difference between that path of devotion and this path of knowledge. Look at what the condition of Bharat has become. They don't have food to eat and yet look at the big *plans* they are making. There is very little *time* left. Look at what their *plans* are and what your *plans* are. These things are not mentioned in the scriptures. They have written so many stories in the Ramayana etc., but it is not like that. Why do they burn Ravan every year? If Ravan had been burnt, he should have been destroyed, should he not? Look at the income on the path of devotion and the income on the path of knowledge! Baba fills your treasure-store completely. It takes effort. You definitely have to remain pure. It is remembered: Why should we renounce nectar and drink poison? They have created a lake in Amritsar and given it the name, "Lake of Nectar". They take a dip in the lake. There is also a lake with the name "Mansarovar". They don't understand the meaning of "Mansarovar". Mansarovar means that the Incorporeal Supreme Father, the Supreme Soul, the Ocean of Knowledge, enters a human body and speaks this knowledge. People have sat and made up so many stories. The Gita is the mother, the jewel, of all the scriptures. They have then said that that was spoken by Krishna. They have also written so many things about Krishna: that he was bitten by a snake, that he abducted women. They have made so many false allegations. You can now explain to them. It does not relate to Krishna. It is the Supreme Father, the Supreme Soul who sits here and tells you the essence of the Vedas, scriptures and the Granth through Brahma. The *number one* is the Shrimad Bhagawad Gita. The people of Bharat only have one religious scripture. Because that has been falsified, all its children, the Vedas and scriptures, have also become false. The Father explains to you so clearly. In spite of that, as you move along, you are slapped by Maya. You don't imbibe anything. This is a battlefield. It is you, who have become Brahmins who are the children. Such things are not written in the Gita etc. There is the mouth-born creation of Brahma. The sacrificial fire was created through Brahma. There is truly the sacrificial fire of the knowledge of Rudra and so where did the battlefield come from? The sacrificial fire in which the horse was sacrificed for self-sovereignty is also remembered. We are sacrificing this chariot. They have then created a sacrificial fire of Daksh Prajapita and sat and sacrificed a horse in that. They have written all sorts of things. You know that Bharat was heaven in the golden age and so there would surely have been very few people there. There were few deities there. There will definitely be the kingdom on the banks of River Jamuna. Just the deities will rule there. There will be no heat etc. there that they would have to go to Kashmir or Simla etc. The elements will also have become completely satopradhan. Only those who are to understand these things will understand them. The golden age is called heaven and the iron age is called hell. The copper age is not said to be that much of hell. In the silver age, two degrees are reduced. The maximum happiness is in heaven. They say that so-and-so has gone to heaven. However, they don't understand the meaning of heaven. If he became a resident of heaven, then he was surely in hell prior to that. Every human being is in hell. The Father is now giving you an unlimited kingdom. There, everything will be yours. The earth, the sky etc. will all be yours. You will rule the unshakeable, constant and peaceful kingdom. There will be no mention of sorrow.

Therefore, you should make so much effort for that. Look at what the stages of the children are like. You know that your Mama and Baba are making very good effort. Why should you also not make effort and claim your inheritance? The Father says: Children, don't become tired. Continue to follow shrimat. Never forget shrimat. You need to be very cautious about this. Whatever you do, ask Baba: Baba, I am confused about this. I will not accumulate sin by doing this, will I? Baba never takes anything from anyone. Even on the path of bhakti, people donate in the name of God and then receive something in *return*. What would Shiv Baba do by taking something from you? He doesn't have to build any palaces. He does everything for you children. He has buildings built for you to stay in at the end. The temple of your memorial is here and you are also sitting here. *Serviceable* children will see a lot of splendour as they progress further. Whilst sitting here, you will tour around heaven. Then, you will go there and build palaces. There is a *competition* of buildings etc. Look how much they have built in the last 100 years. They have made Bharat into Paradise. So, you can understand what they would not have in just a 100 years there. All of *science* will be useful to you there. The happiness of *science* will be experienced there. Here, there is sorrow. They make so much effort in *science*. You children know that they are just praising themselves. There is temporary, momentary happiness. It is the *pomp* of Maya of the final time. It is now that they travel in *aeroplanes* and *rockets* etc. None of those facilities existed before. There wasn't electricity before either. All of that is the happiness of Maya which creates an illusion for people. People think that this is heaven. There used to be vimans etc. in heaven, and so this is heaven. They don't understand that preparations are being made for heaven now. They think that because they have wealth, they have palaces and so that's it. This is heaven for them. Achcha, let that heaven be in their fortune! We have to make effort and go to the true heaven. You are making effort for that. You mustn't become slack in your efforts. You have to live at home with your family and make effort. You have to do *service*. You have to become pure and also make your friends and relatives worthy. Tell them sweet things. Baba has explained the *point* of the two fathers very clearly. You are to receive your inheritance of the Father's property. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

#### Essence for dharna:

1. Never become tired of making effort. Be very cautious as you continue to follow shrimat. Never become confused.
2. Never perform any sinful actions. In order to go to the true heaven do the service of becoming pure and making others pure.

**Blessing:** May you be an easy effort-maker and with the *foundation* of amrit vela keep the timetable of the whole day good.

Just as when a *train* is on its tracks, it runs very well *automatically*, in the same way, every day at amrit vela, stand on the line of remembrance. If your amrit vela is good, your whole day will be good. If the *foundation* of amrit vela is strong, you will easily continue to receive co-operation the whole day and your efforts will also be easy. Those who are true Sitas, who constantly stay in remembrance of the Father, and stay within the line of shrimat, have the remembrance of the one Rama in their every vein.

**Slogan:** In order to *catch* Baba's help, make your intellect concentrated and stable.

\*\*\* O M S H A N T I \*\*\*